

# EDUCATE YOURSELF

NOW Available - 2 BOOKS ON AIDS education  
 1 - Comic type literature for YOUNG readers  
 2 - Illustrated scientific documentation



# TEST YOUR KNOWLEDGE

### question 1

HIV IS a sickness caused by:  
 a) a worm  
 b) bacteria  
 c) a virus  
 d) counting  
 e) a bad blood cell

### question 6

HIV can be cured by  
 a) A doctor  
 b) A nurse  
 c) It cannot be cured  
 d) Taking medication  
 e) Taking a bath

### question 11

People with HIV should:  
 a) Not healthy/eat vitamins  
 b) Always use a condom when having sex  
 c) Get medicines from a doctor  
 d) Eat lots of vegetables  
 e) All of the above

### question 2

HIV may be passed to someone else by  
 a) sneezing  
 b) body fluids  
 c) sex without a condom  
 d) blood

### question 7

HAVING AIDS means:  
 a) other medicines are helping us get better  
 b) other illnesses have entered the body to make us more sick  
 c) There are very few white blood cells left in our body  
 d) our body cannot fight other illnesses  
 e) The CD-4 cell count has dropped too low

### question 12

Which of the below is correct?  
 a) Have sex when you are unsure about what to do  
 b) Do not have sex when unsure about what to do  
 c) Talk to parents, teachers and other adults about problems  
 d) never use needles that someone else may have used  
 e) Always use a condom  
 f) Take a shower or bath after having sex to prevent infections

### question 3

Which are found in our blood & help the body fight infections?  
 a) red blood cells  
 b) blood vessels  
 c) viruses  
 d) white blood cells  
 e) CD-4 cells

### question 8

normally \_\_\_\_\_  
 a) red blood cells  
 b) viruses  
 c) white blood cells  
 d) sugar cells  
 e) CD-4 cells

a) toilet seats  
 b) needles  
 c) knives  
 d) swimming pools  
 e) All of the above  
 f) none of the above

### question 4

HIV causes certain cells in our body to die. These are called:  
 a) red blood cells  
 b) sugar cells  
 c) white blood cells  
 d) 'sugar cells'  
 e) blood vessels

### \_\_\_\_\_ help the body fight infections

### question 9

our 'hero', got HIV because he:  
 a) Didn't eat correctly  
 b) Had sex without a condom  
 c) Had few red blood cells  
 d) Had few white blood cells  
 e) Didn't take vitamins

### question 14

Always:  
 a) stay away from knives  
 b) Avoid sex until one is with other  
 c) Avoid sex until both of you have been tested for HIV  
 d) Avoid body fluids from someone else  
 e) never share needles or similar objects  
 f) Always wear gloves if touching someone else's blood  
 g) All of the above

### question 5

To find out if the HIV virus is in your body, you go to:  
 a) clinic  
 b) doctor  
 c) hospital  
 d) dentist  
 e) All of the above

### question 10

HE GOT AIDS because he:  
 a) Didn't eat properly  
 b) Had sex without a condom  
 c) Had few white blood cells  
 d) Didn't take vitamins  
 e) All of the above

to order, VISIT  
[www.aids-education.co.za](http://www.aids-education.co.za)